



Athletic Attractors Enterprises Presents...

The Master the Inner Game Private Training Program

Training Program Overview... What You'll Receive!

1. You will receive your training package and you'll have the opportunity to decide if this training program is the right program for you.
2. When you decide to start with the Law of Focus for Golfers Mastering the Inner Game of Golf Training System then you'll have to send it a deposit for the first 5 session with your trainer.

Attached in the package that you've received from your coach is an overview of the first five session that you'll be working on together.

Session 1-3

Going through the LifeMap process (creating a persons personal LifeMap)

- ★ At the end of this process you'll have a detailed 20-25 page LifeMap of exactly what you want to accomplish in your golf career and life. This will become your personal business plan for what you want to accomplish over the next 5-10 years!
- ★ At this time you'll also start learning about some techniques that you can use to start improving your golf game, and this time will give your coach the opportunity to get to know you on a more personal level.

Session 4-5

Project planning for the upcoming year to determine everything you need to accomplish within the next year and the support you'll need from your coach. You coach will be flexible to your needs, so if you need a website developed, a sponsorship package, or anything else your coach will help you develop those things. You'll implement your weekly focused action plan into your life and start developing a more rigourous training routine.

Your big decision to make

Number One: Do you want to continue to work with your coach on a per session basis. You'll have to commit to working with your coach for a total of 3 session per months, and each session will be timed. You'll pay on an hourly rate.

Number Two: Would you like to pay for your coaching under a monthly subscription model. Under this model you'll pay a monthly fee at the start of each month and the sessions will not be timed. Instead you'll work with your coach for the amount of time that you need to get the results you want.

Mastering the Inner Game of Golf Training Session Timeline

Training Timeline

Advanced Mastering the Inner Game of Golf Program Starts

2 Hour Unlimited Greatness Training Run

Set up a time to go through your 2 hour Unlimited Greatness Training Run. You'll set up a time that you can commit to being up at 4am in the morning to go through your training run. You'll prepare in advance of going on this run by learning some techniques that are critical to know before you go on your run.

William Starts Developing Your Personalize Audio Programs

You'll receive a series of personalized Neuro-Reprogramming CD's that will help you to reprogram your subconscious mind to take the actions needed to achieve the results you want.

Breaking Free of Limiting Pattern of Behaviour

Everyone has subconscious limiting beliefs and patterns of behaviour that hold them back from achieving the desires they truly want. In this exercises your coach will determine everything that has been holding you back from achieving the results you want and you'll got through a very intense process of breaking free of those past belief systems and patterns of behaviour, which are limiting you from achieving your desires.

Advanced Inner Game Exercises

- ★ Advanced visualization eliminating limiting beliefs
 - ★Exercises of scrambling un-resourceful patterns of behavior
- ★ Advanced visualization session (1 hour)
 - ★Visualizing a round of 59
- ★ Advanced anchoring session (1 hour)
- ★ Advanced EFT training
- ★ Advanced state exercises (how you change your state on the golf course)
- ★ Advanced understanding of the subconscious mind
- ★ Advanced understanding of the Law of Focus and how it works
- ★ Advanced breathing technique
- ★ Advanced pre-shot routine
- ★ Advanced 4-step focused golf shot
- ★ Advanced increased distance routine

Review of Your Personal LifeMap and Re-Evaluate

It's important to takes breaks and re-evaluate your progress as you are going through the process of achieving your goals. In this session we will spend two hours together reviewing your progress, and determining if there is anything that needs to change with our training routine.

Mastering the Inner Game of Golf Training Session Timeline Cont...

Advanced Training Exercise: Acting Out Your Best Results

When you've learned a number of the difference advanced mental game techniques then you'll create your very own "Home Training Practice Routine," and this will become your signature practice routine. You'll go through the routine on a daily basis and practice creating the results you want on the golf course.

Training Run Number Two: Pushing Your Level of Commitment to the Next Level

This is another audio training run designed to allow you to push through any barriers that your mind is holding in the way of allowing you to achieve the success you most desire. After going through this training exercises you'll understand that you're capable of pushing yourself to a whole new level of success and that if you are determined you can achieve ANY result you want.

Mastering the Inner Game of Golf Material For You Cont...

Material that comes with the coaching program:

1. Book Law of Focus for Golfers: The Science of Lowering Your Handicap
2. Audio book Law of Focus for Golfers: The Science of Lowering Your Handicap
3. 2 hr Unlimited Greatness Cardio Training Program
4. 2 hr Unlimited Greatness Advanced Cardio Training Program
5. Unlimited Greatness eBook
6. Golf Attractors golf audio programs
7. Access to both the Golf Attractors and the Pursuit of Greatness web-site membership areas
8. 5 specific audio training programs
 - a. Your top 10 goals
 - b. Your top 3 priority goals
 - c. Your powerful belief audio program
 - d. Your advanced training routine audio program
 - e. Your choice!! You choose what you want me to record!